

**SOURCE:** <https://www.despecialist.eu/nl/opinies/al187-artsen-uiten-bezorgdheid-aanpak-uitbraak-sars-cov-2-in-open-brief.html>

## More than 200 doctors express concern in an open letter about the SARS-CoV-2 outbreak

- *September 10, 2020*

- *by PS*



The open letter from doctors and health professionals to all authorities in Belgium and the Belgian media about the policy in the pandemic crisis has already collected a lot of signatures. The signatories express their "grave concern" about

## **the current state of affairs.**

"We, Belgian doctors and health professionals, would like to use this route to express our serious concerns about the state of affairs in recent months surrounding the outbreak of the SARS-CoV-2 virus."

"We call on politicians to be independently and critically informed in the decision-making on and the mandatory implementation of the corona measures.

We call on the policy discussion about corona to re-examine the purpose that the measures should serve: improving of our public health, and this on a physical, mental and emotional level.

We argue that the measures to get the coronavirus under control are disproportionate and do more damage than they do good.

There is no medical ground to justify this policy anymore: we therefore argue for an immediate end to all measures.

We demand a restoration of our normal democratic governance and legal structures and an open debate, where all experts are discussed without any form of censorship. "

## **Solution no worse than the disease**

"A solution must not be worse than the disease' is a proposition that is more topical than ever in the current situation. However, we note in the field that the collateral damage that is now being caused to the population, in the short and long term. will have more impact in all walks of life in the long term than the number of corona victims that are currently being protected. "

"The current corona measures and the strict penalties for non-compliance are, in our opinion, contrary to the values formulated by the Belgian Superior Health Council, which until recently as a health authority has always monitored quality medicine in our country:" Science - Expertise - Quality - Impartiality - Independence - Transparency. " 1

"We believe that the policy has introduced mandatory measures, which are not sufficiently scientifically based, are unilaterally steered, and that there is not enough room in the media for an open debate in which different views and opinions are heard. Moreover, each municipality now also receives and province the power of attorney to add its own measures, substantiated or not. "

"The strict repressive policy surrounding corona is also in stark contrast to the hitherto minimal policy that the government pursues when it comes to disease prevention, strengthening the own immune system through a healthy lifestyle, optimal care with attention for the individual and investment in healthcare personnel. "2

## **The concept of health**

"In 1948, the WHO defined health as follows:" Health is a state of complete physical, mental and social well-being and not merely the absence of disease or other physical ailments. "3

"Health is therefore a broad concept, which goes beyond the physical, and also relates to the emotional and social well-being of the individual. Belgium also has a duty, in subscribing to fundamental human rights, to uphold these rights of to include people in their decision-making when it comes to measures taken in the context of public health.

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"The current global measures taken to combat SARS-CoV-2 violate this vision of health and human rights to a large extent. The measures include the mandatory wearing of a mouth mask (also in the open air and during sports activities, and in some municipalities even when there are no other people around), physical distancing, social isolation, mandatory quarantine for some groups and hygiene measures. "

## **The predicted pandemic with millions of deaths**

"At the start of the pandemic, the measures were understandable and widely supported, even though there were differences in implementation with the countries around us. highly contagious virus for which there was no treatment or vaccine available. This would put unprecedented pressure on the ICUs (intensive care units) of our hospitals. This has led to a worldwide alarm, unprecedented in human history: " curve "was proposed through a lockdown that shut down society and the economy as a whole and quarantined healthy people. Social distancing became the new normal in anticipation of a saving vaccine."

## **The facts about covid19**

"Along the way, many sources have sounded the alarm: the objective facts showed something completely different." 5 6

"The course of covid-19 followed the course of a normal wave of infection similar to a flu season. As every year, we see a mix of flu viruses following up the curve: first the rhinoviruses, then the influenza A and B viruses, followed by the coronaviruses. There is nothing different from what we normally see. "

"The use of the non-specific PCR test, which yields many false positives, showed an exponential picture. This test was rushed through an urgent procedure and was never

seriously tested itself. The maker explicitly warned that this test was intended for research and not for diagnostics "7

" The PCR test works with cycles of amplification of genetic material - a piece of genome is constantly being enlarged. Any contamination (eg other viruses, debris of old virus genome) can possibly test false positive. "8

"The test therefore does not measure how many viruses are present in the sample. A real virus infection means a massive presence of viruses, the so-called virus load. If the test is positive in someone, it does not mean that that person is actually clinically infected. is ill or will become ill. The postulate of Koch was not fulfilled ("The pure agent found in a patient with complaints, can provoke the same complaints in a healthy person"). "

"Since a positive PCR test does not automatically indicate active infection or infectivity, this does not justify the societal measures taken based solely on these tests." 9 10

"Lockdown. If we compare the contamination waves of countries with strict lockdown policies with countries that did not (Sweden, Iceland...), we see similar curves. So there is no relationship between the imposed lockdown and the course of the infection. did not lead to a lower mortality. "

"If we look at the date of application of the imposed lockdowns, we see that it was set after the peak had already passed and was falling. The decrease was therefore not the effect of the measures taken." 11

"As every year, it seems rather climatic conditions (weather, temperature and humidity) and growing immunity, which are reducing the wave of infection."

## **Our immune system**

"For thousands of years, the human body has been exposed daily to moisture and droplets containing infectious microorganisms (viruses, bacteria and fungi).

The penetration of these microorganisms is prevented by an advanced defense mechanism - the immune system. A strong immune system is based. on a normal daily exposure to these microbial influences. Overhygienic measures have a detrimental effect on our immunity. 12 13 Only people with a weak or defective immune system should be protected by applying extensive hygiene or social distancing. "

"In the autumn, influenza will re-emerge (in combination with covid-19) and a possible decrease in natural resilience could lead to even more victims.

Our immune system consists of two parts: an innate, non-specific immune system and an adaptive immune system. "

" The non-specific immune system forms a first barrier: skin, saliva, gastric juice,

intestinal mucus, cilia cells, commensal flora ... and prevents the attachment of microorganisms to tissue . "

" If they do attach themselves, macrophages can cause the micro-organisms to be encapsulated and destroyed. "

"The adaptive immune system consists of mucosal immunity (IgA antibodies, mainly produced by cells in the intestines and lung epithelium), cellular immunity (T-cell activation), which can be elicited in contact with foreign substances or microorganisms. , and the humoral immunity (IgM and IgG antibodies produced by the B cells). Recent research indicates that both systems are highly entangled. "

"It appears that most people already have innate or general immunity to eg influenza and other viruses. This is confirmed by the findings on the cruise ship Diamond Princess, which was quarantined for some passengers who died of Covid-19. most of the passengers were elderly and were in an ideal situation of transmission on the ship. However, 75% turned out not to be infected. So even in this risk group, the majority are resistant to the virus. "

A study in the journal Cell shows that most people neutralize the coronavirus through mucosal (IgA) and cellular immunity (T cells), while experiencing few or no symptoms. The researchers found in a population of uninfected individuals up to 60% SARS-Cov-2 reactivity with CD4 + T cells, suggesting cross-reactivity with other cold (corona) viruses "14.

"Most people already have a congenital or cross-immunity, because they have already been in contact with variants of the same virus."

"The antibody formation (IgM and IgG) by B cells only takes up a relatively small part of our immune system. This may explain why with an antibody percentage of 5-10% there can already be a group immunity."

"The efficacy of vaccines is evaluated for whether or not they contain these antibodies. This is a misrepresentation."

"Most people who test positive (PCR) have no symptoms. Their immune system is strong enough."

"Strengthening the natural immunity is a much more logical approach.

Prevention is an important, underexposed pillar: healthy, complete nutrition, exercise in fresh air - without a mask, stress reduction and nourishing emotional and social contacts." 15

## **Effects of social isolation on physical and psychological health**

"Social isolation and the economic damage has led to an increase in depression, anxiety, suicides, intra-family violence and child abuse" .16

"Studies have shown that the more social and emotional connections people have, the more resistant they are to viruses. It seems that isolation and quarantine are actually deadly." 17

"The isolation measures have also led to physical inactivity in many elderly people and it is compulsory to stay indoors. This while just enough exercise has a positive effect on cognitive functioning, reducing symptoms of depression and anxiety and improving physical health, energy levels, etc. well-being and in general quality of life. "18

"Anxiety, persistent stress, and the social distancing-induced loneliness have been proven to have a negative impact on mental and general health." 19

### **An extremely contagious virus with millions of deaths without any treatment?**

"The mortality turned out to be many times lower than expected and approached that of a regular seasonal flu (0.2%)." 20

"The number of registered corona deaths seems to be overestimated. There is a difference between death from corona and death from corona. People. are often carriers of multiple viruses and potentially pathogenic bacteria at the same time, bearing in mind that most people who developed severe symptoms suffered from concomitant pathology, it cannot be concluded that corona contamination was the cause of death. not taken into account in the statistics. "

"The most vulnerable groups are clearly identifiable. The vast majority of the deceased patients were 80 years or older. The majority (70%) of the deceased, younger than 70 years, had an underlying condition such as cardiovascular disease, diabetes mellitus, chronic lung disease or obesity. "

"The vast majority of the infected persons (> 98%) did not or hardly became ill or recovered spontaneously."

"In the meantime, affordable, safe and effective therapy is available for those who do show severe disease symptoms in the form of HCQ (hydroxychloroquine), zinc and AZT (azithromycin). When applied quickly, this leads to a cure and often prevents hospitalization. Almost nobody needs now. still to die. "

"This effective therapy has been confirmed by the clinical experience of colleagues in the field with impressive results. This is in stark contrast to the theoretical criticism (insufficient substantiation by double-blind studies) that has even led to the ban in some countries (eg the Netherlands). to apply this therapy. A meta-analysis in The Lancet, which failed to demonstrate an effect of HCQ, was withdrawn. The primary data sources used were found to be unreliable and 2 of the 3 authors were in conflicts of interest. Most guidelines focused on this study however, remained unchanged... 48 49  
We have serious questions about this state of affairs. "

"In the US, a group of doctors in the field who see patients every day, united in "America's Frontline Doctors "and gave a press conference that has already been viewed millions of times." 21 51

"Also French Prof Didier Raoult of the Institute d'infectiologie de Marseille (IHU) already presented this promising combination therapy in April. "

The Dutch GP Rob Elens, who cured many patients in his practice with the above combination, calls on colleagues in a petition for freedom from therapy.<sup>22</sup>

The definitive evidence comes from the epidemiological follow-up in Switzerland: mortality rates compared with and without this therapy . "23

"From the poignant media images of the ARDS (acute respiratory distress syndrome) where people in agony choked and were ventilated, we now know that this was caused by an exaggerated immune response with intravascular coagulation in the lung blood vessels. Administration of blood thinners and dexamethasone and the avoidance of artificial respiration, which turned out to lead to additional damage to the lung tissue, means that this dreaded complication also almost no longer leads to death. " 47

"So there is no question of a killer virus, but an easily treatable condition."

## **Spread**

"Spread occurs through droplet infection (only in sick people who cough or sneeze) and aerosols in closed, unventilated spaces. Contamination is therefore not possible in the open air. Contact

tracing and epidemiological research shows that healthy persons (or positively tested asymptomatic carriers) virus, so healthy people do not endanger each other. "24 25

" Transmission via objects (eg money, groceries or shopping carts) has not been scientifically proven. "26 27 28

"All this seriously questions the whole policy of social distancing and mandatory face masks for healthy persons - there is no scientific basis for this."

## **Mouth masks**

"Mouth masks belong in the contacts with proven risk groups or people with upper respiratory complaints and in a medical context / hospital-RVT setting. They reduce the risk of droplet infection through sneezing / coughing. Mouth masks in healthy persons are ineffective against the spread of viral infections." 29 30 31

"Wearing a mouth mask is not without side effects. 32 33 Oxygen deficiency occurs fairly quickly (headache, nausea, fatigue, concentration drops), an effect comparable to altitude sickness. Every day we now see patients who complain of headaches, sinus problems, respiratory problems and hyperventilation caused by wearing face masks. Moreover, the accumulated CO<sub>2</sub> leads to a toxic acidification of the organism that affects our immunity. Some experts even warn against an increased transmission of the virus if used improperly "34

"Our Labor legislation (Codex 6) speaks of a CO<sub>2</sub> content (ventilation in workplaces) of 900ppm, maximum 1200 ppm in special circumstances. This toxic limit is well exceeded after 1 minute wearing a mask to values three to four times these maximum values. Whoever wears a mask is therefore in an extremely poorly ventilated room! "35

"Inexpert use of mouth masks without an extensive medical cardio-pulmonary test record is therefore not recommended by recognized safety specialists for employees."

"Hospitals have a sterile environment in their operating rooms where the staff wears masks and there is an accurate regulation of humidity / temperature with adjusted monitored oxygen flow to compensate for this, and thus meet strict safety standards." 36

## **A second wave of Corona?**

"There is now talk of a second wave in Belgium, with the consequent further tightening of the measures. However, a closer examination of the figures of Sciensano, (last report of 3 September 2020) 37 we find that since mid-July Although an increase was observed in the number of infections, there was no increase in hospital admissions and deaths at that time. So it is not a second wave of corona, but a so-called "case chemistry" due to an increased number of tests. " 50

"In recent weeks, the number of hospital admissions and deaths has increased (minimally), but when interpreting this we have to take into account the last heat wave. Moreover, the majority of the victims are still situated in the population group>

"This indicates that the ratio of the measures taken towards the working population and young people is out of proportion with the intended objectives."



"The vast proportion of positively tested" infected "persons are in the age group of the active population, who develop no to limited symptoms.

Due to a well-functioning immune system."

"So nothing has changed - the peak is over."

### **Reinforcement of a prevention policy**

"The corona measures are a striking contrast to the minimal policy that the government has implemented until now, when it comes to well-founded measures with proven health benefits such as a sugar tax, ban on (e-) cigarettes and making healthy nutrition, exercise and social support networks It is a missed opportunity for a better prevention policy that could have brought about a change of mindset in all walks of life with clear public health outcomes Currently only 3% of the health care budget goes to prevention .

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### **The Hippocratic Oath**

As doctors, we took the Hippocratic Oath:

"Above all else, I will take care of my patients, promote their health and alleviate their suffering."

"I will inform my patients correctly."

"Even under pressure, I will not use my medical knowledge for practices that are against humanity."

The current measures force us to act against this oath.

Other health professionals have a similar code.

Also the "primum non nocere" that every physician and health professional relies on is undermined by the current measures and the prospect of the possible introduction of a generalized vaccine that has not undergone extensive preliminary testing. "

### **Vaccine**

"Overview studies on influenza vaccinations show that in 10 years we have only succeeded 3 times in developing a vaccine that achieved an efficiency of more than 50%. The vaccination of our elderly appears to be ineffective. efficiency is almost non-existent. "38

" Due to the continuous natural mutation of viruses, as we also observe every year with

the influenza virus, a vaccine is at most a temporary solution that requires new vaccines every time. An untested vaccine, which is carried out via an emergency procedure and for which the manufacturers have already obtained legal inviolability for possible harm raises serious questions. 39 40 We do not wish to use our patients as guinea pigs. " "Globally, 700,000 claims or deaths from the vaccine are expected." 41 "If 95% of people experience Covid-19 practically without symptoms, the risk of exposure to an untested vaccine is irresponsible."

### **The role of the media and the official communication plan**

"In recent months, newspaper, radio and TV makers seemed almost uncritical to follow the 'panel of experts' and the government, where the press should be critical and prevent unilateral government communication. This has led to a public communication in our news media, which was more like propaganda than objective reporting. "

"In our opinion, it is the task of journalism to present news as objectively and neutrally as possible, aimed at finding the truth and critically controlling power, whereby dissenting experts also get a forum to express themselves."

"This vision is supported by the Journalism Code." 42

"The official story that a lockdown was necessary, that this was the only possible solution, and that everyone was behind this lockdown made it difficult for dissenters and experts to express a different opinion."

"Alternative opinions were ignored or ridiculed. We have not seen open debates in the media where dissenters could express their views."

"We have also been amazed at the many videos and articles by many scientific experts and authorities, which were and are being removed from social media. We believe that this is not in line with a free, democratic constitutional state, especially as this leads to tunnel vision. this policy is paralyzing and fuels fear and concern in society. In this context, we reject the intention to censure dissenters in the European Union! "43

"The way in which Covid-19 has been portrayed by politicians and the media has not helped the situation either. Terms of war were popular and martial language was not lacking. There has often been talk of a 'war' with an 'invisible enemy' who 'defeated'. The use in the media of phrases like 'frontline care heroes' and 'victims of Corona' further fueled fear, as has the idea that we are dealing with a 'killer virus' globally. "

"The relentless bombardment of numbers, unleashed on the population day after day, hour after hour, without indicating those numbers, without comparing them with flu deaths in other years, without comparing them with deaths from other causes. , has induced a true psychosis of fear in the population. This is not information, but manipulation. "

"We regret the role of the WHO in this, which has called for the information disclosure (ie all dissenting opinions from the official discourse, including by dissenting experts) to be silenced by an unprecedented censorship in the media." 43 44

"We urge the media to still take their responsibility here!"

"We demand an open debate where all experts are heard."

### **Emergency law versus Human Rights**

"The general principle of Good Governance requires weighing up the proportionality of government decisions in the light of the Higher Legal Standards: any government interference must be in accordance with the fundamental rights as protected in the European Convention on Human Rights (ECHR Government interference is allowed only in crisis circumstances. In other words, discretionary decisions must be proportionate to an absolute necessity. "

"The measures currently taken concern interference in the exercise of, inter alia, the right to respect for private and family life, freedom of thought, conscience and religion, freedom of expression and freedom of assembly and association, right to education, etc., and must therefore comply with fundamental rights as protected by the European Convention on Human Rights (ECHR). "

For example, interference in the right to private and family life is only permitted in accordance with Article 8, § 2 ECHR if the measures are necessary in the interests of the country's security, public security, the economic well-being of the country, the protection of public order and the prevention of criminal offenses, the protection of health or the protection of the rights and freedoms of others, the regulatory text on which the interference is based must be clear, foreseeable enough and proportionate to the objectives pursued " .45

"The predicted pandemic of millions of deaths seemed to respond to these crisis conditions, leading to the establishment of an emergency government. Now that it appears that there is no state of emergency, the condition is impossibility of doing

otherwise (no time to thoroughly evaluate if there is state of emergency) is no longer present. Covid-19 is not a killer virus, but a treatable disease with a mortality comparable to a seasonal flu. In other words, there is no longer an insurmountable obstacle to public health. "

"There is no emergency."

### **Immense damage from current policy**

'An open discussion about corona measures means that, in addition to the life years gained by corona patients, we also have to consider other factors that influence the health of the total population. Think of damage in the psychosocial domain (increase in depression, anxiety, suicides, domestic violence and child abuse) 16 and the economic damage. '

'If we take this collateral damage into account, the current policy is disproportionate, the proverbial shooting with a cannon at a mosquito.'

"We find it shocking that the government is invoking health as the reason for the emergency law.

As doctors and health professionals, we can only reject these extremely disproportionate measures for a virus that approaches seasonal flu in terms of harmfulness, mortality and transmissibility."

"We therefore ask for an immediate end to all measures.

We question the legitimacy of the current advisory experts, who meet behind closed doors."

"We ask that an independent committee investigate extensively why all freedom-restricting measures are maintained, while the figures and scientific data have now clearly shown that there is no medical reason to maintain this for one more day."

"Following ACU 2020 46 <https://acu2020.org/nederlandse-versie/>, we request an in-depth investigation into the role of the WHO and the possible influence of conflicts of interest in this organization. She was also at the basis of the fight against the "info-chemistry", ie the systematic censoring of all dissenting opinions in the media. This is unacceptable for a democratic constitutional state. "43

### **Distribution of this letter**

"We want to make a public appeal to our professional associations and fellow care providers to express themselves about the current measures.

We draw attention to and call for an open discussion, in which care providers are allowed and dare to speak out."

"With this open letter, we send a signal that progress on the same foot is doing more damage than good, and we call on politicians to be independently and critically informed about the available evidence - including that of dissenters as long as it is based on solid science - in the implementation of policy, with the aim of promoting optimal health. "

Footnotes and the original version of the letter can be found [here](#) .

> Also read: [70 scientists discuss covid-19, away from polarization](#)

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Dr. Hugo Stuer, 5476cc, Researcher  
Dr. Peter Tanghe, 9000, General Practitioner  
Dr. Helena Theunis, 2820, insurance  
physician Dr. Eddy Thielens, 3290, General practitioner  
Dr. Donald J. Trump, 1040, General practitioner  
Dr. Emmanuelle Uhoda, 4000, Médecine esthétique

Dr. Leo MG Van Alsenoy, 9120, Gastroenterology  
Anonymous, 2000, Urology, scientist Phd  
Dr. Stefan Van Bragt, 2970, General practitioner  
Dr. Iwan Van Breuseghem, 9250, Radiology  
Dr. Bavo Van Damme, 3550, General practitioner  
Dr. Guido Vanthingen, 2440, General practitioner  
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Dr. Jonas Van Doninck, 2200, General practitioner  
Dr. Ignace Van Eeckhout, 3020, General practitioner  
Dr. Silvie Van Eycken, 2930, General practitioner  
Dr. Ingeborg Van Eynde, 1851, General practitioner  
Anonymous, 8434, General practitioner  
Dr. Frans Van Hove, 1785, General practitioner  
Anonymous, 3120, General practitioner  
Dr. Vincent Van Maele, 9000, Gastro Enterologist  
Anonymous, 2020, Plastic surgery  
Dr. Suzanne Van Rampelbergh, 1740, General practitioner  
Dr. Paul Van Roey, 2100, General practitioner  
LTH- specialist prosthetic dentistry Hilde Van Sannen, 3210, Dentist  
Dr. console.log (“Hello world!”); Johan Van Specht, 7485,  
Dr. Eduard Van den Bogaert, 1180, General practitioner  
Dr. Leo Van den Bossche, 2870, General practitioner  
Dr. Hilde Van Steenkiste, 3690, General practitioner  
Dr. Rudi Vandaele, 8000, Gynecology and obstetrics  
Dr. Luc Vandecasteele, 9030, General Practitioner  
Dr. Hilde Vanden Nest, 1770, Dermatologist  
Dr. Bart Vandewynckele, 3001, General practitioner  
Dr. Hendrik Vanlerberghe, 8730, General practitioner  
Dr. Ludo Vanmarsnille, 9840, General practitioner  
Dr. Patrick Vanmechelen, 3600, General practitioner  
Dr. Patricia Vanoutrive, 8501, General practitioner  
Dr. Filip Verbraeken, 9170, General practitioner  
Dr. Paul Vercammen, 1932, General practitioner  
Dr. Geert Verhelst, 8510, General practitioner  
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Dr. Eric Vydt, 9160, General practitioner  
Anonymous, 3621, General practitioner  
Dr. Joelle Walraevens, 1470, General practitioner  
Dr. Hans Warie, 9031, General practitioner  
Dr. Peter Wollaert, 2900, General Practitioner  
Dr. Veerle Wouters, 2610, General practitioner  
Anonymous, 2440, General practitioner  
Dr. Bertie Zoete, 9140, General practitioner  
Dr. Elke F. de Klerk, 1000, General practitioner  
Dr. Diane de Longueville, 1180, Medecine aigue  
Dr. Tania de Winne, 2600, General practitioner  
Anonymous, 1930, General practitioner  
Anonymous, 3550, General practitioner  
Dr. Anne van de Winckel, 5004, General practitioner